



Commons Menu

Shiitake Mushroom Gluten Free Pasta

Heavy Cream, Tomatoes, Basil, Cremini Mushroom, Gluten Free Pasta, Spanish Onion, Fontina, Gorgonzola Crumble, Parmesan, Garlic, Basil, Olive and Canola Oil Blend, Salt, Rosemary, Crushed Red Pepper, Black Pepper, Oregano, Black Pepper

ALLERGENS: DAIRY, EGG, VEGETARIAN, GLUTEN-FRIENDLY

Chickpea Fritter

Garbanzo Beans, Cremini Mushroom, Flour Chickpea, Paste Sesame Tahini, Canola Oil, Pepper Serrano, Fresh Garlic, Cilantro, Parsley, Vinegar Cider Apple, Passion Fruit Puree, EVOO, Lemon Juice, Jalapeno, Rosemary, Lime Juice, Kosher Salt, Cardamom, Spice Coriander, Scallion, Masala Garam, Ginger, Spice Cumin, Black Pepper

ALLERGENS: SESAME, GLUTEN FRIENDLY, VEGAN

Asparagus Flatbread

Flatbread, Cannellini Bean, California Fennel, Pecorino Romano, Wild Baby Arugula, Garlic, EVOO, Castelvetrano Olives, White Wine Vinegar, Lemon Juice, Sesame Tahini Paste, Parsley, Caper, Chili Oil, Kosher Salt, Cumin, Fennel, Crushed Red Pepper

ALLERGENS: ALCOHOL, DAIRY, GLUTEN, SESAME, SOY, WHEAT, VEGETARIAN

Fennel, Radish and Apple Salad

Mustard Greens, Granny Smith Apple, Fennel, Radish, Cashews, Olive Oil, Canola Oil, Pomegranate Seeds, Honey (in the YSC Well Pambazo Cashews), Apple Cider, Vinegar, Maple Syrup, Shallot, Lime, Dijon Mustard, Garlic Powder, Tajin Spice (Chili Peppers, Sea Salt, Citric Acid, Lime, Silicon Dioxide), Paprika, Cumin, Kosher Salt, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices, Less than 2% Silicon Dioxide (anti-caking agent)), Fennel Seed, Oregano, Black Peppercorns,

ALLERGENS: ALCOHOL, TREE NUT, GLUTEN FRIENDLY, VEGETARIAN

Spring Green Salad

Crisp Green Little Leaf Lettuce, EVOO, Lemon Juice, Jalapeno, Shallot, Persian Cucumber, Snow Pea, Sesame Seed, Cumin, Mint, Parsley, Sumac, Thyme, Coriander, Pepper, Fresh Dill

ALLERGENS: SESAME, GLUTEN FRIENDLY, VEGAN

Cranberry and Sunflower Seed Kale Salad

Kale, Carrots, Cabbage, Dried Cranberries, Sunflower Seeds, Oil Olive and Canola Blend, Red Wine Vinegar, Sesame Seeds, Cumin, Sumac, Thyme, Coriander, Dijon Mustard, Granulated Sugar, Pepper, Kosher Salt

ALLERGENS: ALCOHOL, SESAME, GLUTEN FRIENDLY, VEGAN

MENU OFFERINGS ARE SUBJECT TO CHANGE. MEALS ARE PREPARED IN A CULINARY ENVIRONMENT WHICH USES NUTS.



Kale Caesar Salad

Kale, Carrots, Cabbage, Roasted Tomato, Garbanzo Bean, Olive Oil, Canola Oil, Grana Padano, Garlic, Egg, Lemon Juice, Nori Seaweed, Caper, Sesame Seed, Cumin, Sumac, Thyme, Coriander, Aleppo Pepper, Kosher Salt, Black Peppercorns

ALLERGENS: DAIRY, EGG, SESAME

Sweet Treat

Tahini Chocolate Chunk Cookie

Butter, Tahini Paste, Sugar, Brown Sugar, Pure Vanilla Extract, Eggs, All Purpose Flour, Baking Soda, Cinnamon, Kosher Salt, Semi-Sweet Chocolate

ALLERGENS: WHEAT, GLUTEN, EGG, DAIRY, ALCOHOL, SOY, SESAME

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